

The effectiveness of meetings in Tabriz University of Medical Sciences

Abdolvahed Khodamorade¹, Hossein Jabbari Beyrami*²,
Mohamad Reza Narimani³, Samad Eghdamnia⁴

Abstract

Background and objectives: Meetings are inseparable part of organizational world which cost high. The aim of this study is analyzing the effectiveness of meetings in Tabriz Medical Science University from personnel's perspective in management setting.

Material and Methods: This is a cross-sectional, descriptive study. The study community consists of 207 managers in different directorship positions in which 82 of them were selected as the sample by using Kookran formula. Data were collected by researcher-made questionnaire and the validity and reliability of the questionnaire were achieved according to Likert spectrum. Data were analyzed by SPSS software version 16. The tests used were independent T test and Anova.

Results: Personnel dedicated 75 percent of total score for pre meeting processes and meeting management and 32 percent for the effectiveness of meeting in the process of achieving the goals, satisfaction from holding the meetings and effective participation in the meetings. In other words, they were compliant with the quality of the meetings and opposed on the effectiveness of the meetings. Also, these findings showed meaningful relationship between effectiveness and quality of the meetings with age and passed educational courses. But there was no meaningful difference between effectiveness and quality of the meeting with gender, education and field of study ($p>0.05$).

Conclusion: In order to improve the quality and effectiveness of the meetings, it is necessary to hold meetings' invitation, beginning and finishing on time. Besides, participants should be focused and informed about the subjects of the meeting. Furthermore, empowering managers and personnel in different management positions by holding educational packages and workshops is suggested.

Key Words: effectiveness of meeting, quality, managers

1. MSc student of health economic, Faculty of health. Tehran university of Medical sciences
2. Associate professor of Health Services Management. Health Services Management Research Center, Tabriz, Iran
University of Medical Sciences, Tabriz, Iran/ Department of community Medicine, Faculty of Medicine, Tabriz
University of Medical Sciences, Tabriz, Iran (**Email:** hosseinhosseinj@yahoo.com)
3. Lecturer in Iran Health management center of excellence. Tabriz University of Medical Sciences, Tabriz, Iran
4. MSc in Management, Department of budgeting, Tabriz University of Medical Sciences, Tabriz, Iran Lecturer in Iran